## NORTH ARM PISTOL CLUB INCORPORATED



North Arm Pistol Club Inc. operates within the Davison Range Complex at North Arm. The club has a total of 8 ranges (see Range Standing Orders and Range Approvals) for local competition and training in a range of ISSF, IPSC, Practical, Service, Black Powder, Air Pistol and Action events are undertaken on a bi-weekly basis for the benefit of members and visitors.

# NAPC POLICY: HYGIENE AND COVID-19

## **Purpose**

In January 2020 the World Health Organization (WHO) declared the outbreak of a new coronavirus disease in Hubei Province, China to be a Public Health Emergency of International Concern. WHO stated there is a high risk of the 2019 coronavirus disease (COVID-19) spreading to other countries around the world. The disease has the potential to drive significant business and operational impact on us as employees of North Arm Pistol Club Inc. It is critical that we have a clear plan and lines of communications with members and visitors, as well as clients and third-party entities.

## **Guiding Principles**

- 1. Keep North Arm Pistol Club members and visitors safe
- 2. Continue to serve our customers with the highest standards
- 3. Do our part to slow community spread of the virus where there appear to be outbreaks, so that the most vulnerable people are able to get the care they need

## **How COVID-19 Spreads**

Let's start with the World Health Organisation's information about the spread of COVID-19.

When someone who has COVID-19 coughs or exhales they release droplets of infected fluid. Most of these droplets fall on nearby surfaces and objects – such as desks, tables or telephones. People could catch COVID-19 by touching contaminated surfaces or objects – and then touching their eyes, nose or mouth. If they are standing within one meter of a person with COVID-19 they can catch it by breathing in droplets coughed out or exhaled by them.

In other words, COVID-19 spreads in a similar way to the flu. Most persons infected with COVID-19 experience mild symptoms and recover. However, some go on to experience more serious illness and may require hospital care. Risk of serious illness rises with age: people over 40 seem to be more vulnerable than those under 40. People with weakened immune systems and people with conditions such as diabetes, heart and lung disease are also more vulnerable to serious illness.).

## What is expected of You

Given the situation at hand, we have developed the following checklist as workplace hygiene guidelines for you to follow when at the club.

#### Travelling to the club

When travelling to the Club please follow Roads Weapons and the Public Transport Policy guidelines relevant to Covid-19 Travel.

#### On your arrival to the club

- · When arriving at the Club please dispose of any masks used in transport to the club
- Complete the range sign in process (including Range Register and QR Code Check-in procedures)
- Limit the touching of any and all surfaces
- Wash your hands for at least 20 seconds with soap and water
- Use the hand sanitiser provided
- Place any bags on the ground and not on desks
- Please wipe down your desk area with a cleaning wipe and dispose of soiled wipes

#### Whilst at the Club

- · Practice physical distancing by maintaining a 1.5 meter distance between yourself and other persons
- Apply social distancing in meeting rooms & avoid being in an enclosed meeting room for a period of time with a group of people (continue to use virtual meeting for large groups)
- Frequently wash your hands for at least 20 seconds with soap and water or by using an alcohol-based hand sanitizer
- Avoid touching your eyes, nose and mouth
- Please cough or sneeze into your elbow or a tissue. Immediately dispose of the tissue after use.
- Clean and disinfect frequently used objects such as mobile phones, keys, wallets and work passes
- If you feel unwell, advise the Range Officer and then promptly leave the Club if it is safe for you to do so. Symptoms to look out for: fever, cough, sore throat and shortness of breath.
- Please be extra attentive in cleaning up after yourself when using shared facilities such as the kitchen and bathroom

#### Leaving the Club

• Please wipe down any surfaces that you use whilst at the club with a cleaning wipe and dispose of soiled wipes.

All NAPC Club Members, visitors and contractors are required to fully support and promote NAPC Hygiene and Covid -19 Policy by complying with organisational standards and procedural controls.

We take pride in having a transparent approach to our workplace and service delivery.